



# *The Main Street* MESSENGER

VOLUME 64 | NO. 10 | OCTOBER 2018



## FOOD PACKAGING EVENT

**SATURDAY, OCTOBER 20, 2018 | 8 AM - 12 NOON**

**GOAL: PACKAGE 10,000 MEALS!**

### THERE ARE THREE SIGNIFICANT WAYS TO SUPPORT THIS HANDS ON MISSION PROJECT:

- 1] **Pray** for the success of the event.
- 2] **Help** us reach our fundraising goal of \$4,000. The current amount raised is \$2,952, only \$1,048 to go!
- 3] **Participate** at the event. Sign up in the Atrium!

For any questions or to volunteer, contact the local coordinator of this event, Greg Brown at 757-934-1981 or email [gbbp1985@aol.com](mailto:gbbp1985@aol.com).

You may make a donation at any time to help reach the goal of \$4,000. These

funds are used to buy the food that is packaged.

Just Imagine the difference you can make for those suffering from hunger. Come, let's make a difference together.

### OPERATION BED ROLL WORKSHOP [OCTOBER 14 AT 4:00 PM]

Our September Messenger contained a story about bed rolls for the homeless and now we are hoping to expand the ministry at Main Street. There are several ways for people to be involved.

- 1] Participants need to bring plastic grocery bags to the workshop, as well as a pair of scissors.

- 2] The goal of 100 bed rolls was set and 63 have been completed to date. We hope to provide 100 during the winter night stay program, but not to stop there.
- 3] Those who wish to crochet need to bring a size Q crochet hook to the workshop.

- 4] Bed rolls will be shared locally with CAPS as well as homeless veterans in Key West, Florida.

Anyone aged 10 - 100 yrs. is welcome to attend. Those under age 13 need a parent/adult to be with them.

Questions? Contact Sarah Catlett at [shcatlett1@msn.com](mailto:shcatlett1@msn.com)

# "THE LEAST OF THESE"

*A Note From Pastor Rich Meiser, Jr.*



As I child in school I remember the dreaded "pick up" kick ball games. It wasn't the game that was hard it was the picking of teams that always caused my 10-year-old soul to shriek with panic. The thought of standing in front of the "chosen" captains and being evaluated and picked based on their assessment of skills, was never fun. Standing in front of any one and having any part of our lives evaluated is not an easy or comfortable endeavor. I think that may be why Matthew 25:31-46 is a text that I often think about and turn to when considering my life before God.

**"TRULY I TELL YOU, WHATEVER YOU DID FOR ONE OF THE LEAST OF THESE BROTHERS AND SISTERS OF MINE, YOU DID FOR ME."**

In this passage Jesus talks about the Son of Man coming into his glory and having all the nations gathered before him and then he begins to "pick" his team. He separates the sheep from the goats and puts the

sheep on the right (the favored side) and goats on his left. Then he invites the sheep to take "your inheritance, the kingdom prepared for you since the creation of the world." Then he tells them that this is because when he was hungry they fed him, when he was thirsty they gave him something to drink, when he was a stranger they invited him in, when he needed clothes they clothed him, and when he was in prison they visited him. The sheep (or the righteous) ask "When did we see you in all these predicaments?" Then the King replies "Truly I tell you, whatever you did for

one of the least of these brothers and sisters of mine, you did for me." Then the King addresses the goats and the opposite is true. They didn't feed, give drink, invite in, clothe, or visit the King or "the least of these." Because of their inactivity they are

sent to "eternal punishment."

This is a sobering story shared by Jesus. Our compassion and ability to reach out to those in need is directly tied to our eternal "well-being." If we act with compassion and love toward the least of these we are "picked" to be on Jesus team. Our works do not save us, faith in Jesus saves us, but because we are "saved" we act in faith. This month is Hunger Awareness Month at Main Street church. You have an opportunity to be in ministry to the "least of these" through the ministries of our church. Take the time to participate in the Rise Against Hunger event, Rose's Supper, Soup Kitchen, Friends of Barnabas or Suffolk Christian Fellowship and ForKids food collections. Know that as you serve our community you are serving Christ. Then we can stand confident before Jesus as the teams are picked.

Grace and peace,  
Pastor Rich



*Main Street United Methodist Church*

# FALL FESTIVAL

**NOVEMBER 3, 9 AM - 2 PM**

**YARD SALE - CRAFTS - SILENT AUCTION  
BRUNSWICK STEW & BAKE SALE**

*Volunteers & Donations Needed*

***HERE IS HOW YOU CAN HELP.***

- ✓ Donate lightly used clean items for the yard sale. Donations accepted after October 15.
- ✓ Handcrafted items needed: ornaments, wreaths, quilts, floral arrangements, etc.
- ✓ Donate Silent Auction items or services valued at \$30 and above.
- ✓ Purchase Brunswick Stew tickets at \$10 per quart. Tickets are available during the month of October.
- ✓ Volunteer, Volunteer, Volunteer! Donate an hour or two. It takes a lot of time and energy to make the Festival successful.

*Questions? Want to Volunteer?*

**CONTACT TESS POPIK AT 757-343-9926**



# PLANNING FOR GENEROSITY [OCTOBER, NOVEMBER, DECEMBER]

## COMMITMENT EMPHASIS [REFLECTING ON GENEROSITY]

Generosity begins with faith the size of a mustard seed (Luke 17: 5-10) and faith teaches us to be grateful. When we are grateful for what God has given us we are more likely to be generous in our giving to others.

### GRATITUDE ALSO LEADS TO:

- *New relationships*
- *Better physical & psychological health*
- *Less aggression and more empathy*
- *Better sleep*
- *Improved self-esteem & mental strength*

We all have the ability to develop an “attitude of gratitude” and we will spend the next 3 months discovering different ways we can do just that.

In **OCTOBER**, we will reflect on the generosity of giving. Our sermon series, “The Giving Seed” will begin

on October 7 and conclude on October 28 with our annual commitment Sunday service. We will reflect on developing the discipline of tithing. Charles Stanley says, “The Bible talks more about money than heaven or hell. In an age where debt and greed are the norm, it’s essential that believers know what God says about finances. Reject the world’s selfish viewpoint on money and instead embrace God’s commands to tithe faithfully and live generously”.

In **NOVEMBER** we will reflect on gratitude by journaling.

We are excited about the opportunity that we will have as individuals of the Main Street congregation to identify the many ways, large and small, in which we are blessed. Through the activity of personal journaling we will be encouraged, at least once a week, to make a list or write a paragraph

*You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.*

*2 Corinthians 9:11*

describing who or what has made us thankful: the people, events, actions, occasions, pets, beauty, challenges, and so on. Experts tell us that the act of journaling is good for our minds and souls so get ready to be blessed from every direction!

**DECEMBER** will find us on “The Road to Bethlehem”. Our journey through the Advent season will give us the opportunity to reflect on celebrating with *grateful hearts* the birth of our Lord and Savior.

## TAKE TIME TO REFLECT AND JOURNAL

How can you keep the relaxed feeling of summer? You must build in time to reflect. How can you do that with your already jammed schedule? Here are some ways. First, it only takes 5 minutes to write in a journal and reflecting can be done anytime. You can try some of these things.

- *Reflect/meditate/pray in the shower*
- *Reflect while walking or driving but turn off the music*
- *Reflect and relax before going to bed. Put the devices away, read for a few minutes and write thoughts, blessings or prayers.*

Recent research in more than 40 scientific studies demonstrated that keeping a simple Gratitude Journal has significant measurable benefits for health, happiness, and effectiveness. And, best of all, it will increase your faith and joy in the Lord.

So, it’s extremely simple to start. Just spend time writing down the things you are grateful for. You might write every day or you might write only occasionally, once or twice a week. You might write a few words in a journal (templates available online) or you might fill a page. Instead of a journal you might use gratitude cards (index cards or sticky notes), and anytime something fills you with joy, take a minute to write down a word or a sentence on a card and post it on the refrigerator or the wall. You might want to write on something you are already writing on every day - maybe your day planner or your smart phone. If you use Social Media you might want to turn your posts or tweets into a feed of gratitude. You might be surprised to see some of your virtual friends join you in sharing their blessings. Remember there is no one right way to keep a gratitude journal. The methods are



unlimited and there are no rules! Expressing your gratitude is very personal and totally up to you.

Let your heart turn to God in gratitude as you reflect and write. Journaling will build on the “Less Fret” prayer work that you have already established.

# PRAYER LIST UPDATE

**RECENT PRAYER:** Otto Wegman, Trenton Bishop, Stan Waterfield, Phyllis Goin, Kenny Smith, Paula Bishop, Erin McPherson, Rev. Bob Hauck, Bill Rutter, Dave Reilly, Nicole Ruffner, all affected by Hurricane Florence, Hannah Chase, Ariana Belmo

**ONGOING:** Willis "Corky" Davis, Carrie Hill, Steve Clark, Bob Walton, Sylvia Funkhouser, Bob Catlett, John and Kate Reilly, Heather Lawrence, Leila Tompert, Gloria & Beverly Bredemeyer, Ferebee Bowman, Michael McPherson and Family, Shellee Stevens, Lee Bowman, Lauren Johnson, Lucas Lawrence, Janet Wunderlich, Joseph Medeiros, Sue Birdsong

**CANCER:** Janis Greene, Betty Sowell, Kate Rhoads, Brenda Atkins, Ralph Knapp, Nick Cleary, Wilma Babich, Ed Barber, Pam Askew, Linda Argust, Ray Holland, Midge Sanchez, Judy Duonela Vicars, Johnny Hardy, Thomas Burnett, Todd Walton, James Blair, Cheri Lane, Phil Beck, Margaret Heuberger, Al Bremer, Sally Gum

Palmer, Diane Liles, Majdah Schiavi, Linda Harper, Faye Askew, Yvonne Lovingood, Carolyn Barnes, Tami Wyse, Lois Barker, Judene Hartless, Joan Byrd, Connie Brooks, Angela Seed, Audrey Kent, Lisa Copeland, Dave O'Neill, David Holloway, Judy Calfee, Ed Murphy, David Hollowell, Craig Holland, Jean Brinkley, Christine Duran, Rod Rodrigues, Melaine Medeiros, Pat Wegman, Carol Coleman, Mary Lou Hedgepeth, Judy Holland, Julie Hilland, Colton Cover (2 yrs old), Kelly Grier (Ferguson) Coston, Fran Holland

**SKILLED CARE:** Bill Gallant, Bill Cloe

**HOMEBOUND:** Melanie French, Jean Sutphin

**ASSISTED LIVING:** Colette Ballard, Boo Ballard, Susan Rivenbark

**ALWAYS REMEMBER TO INCLUDE IN YOUR PRAYERS:** Main Street United Methodist Church; Our sister churches on the James River District; Pastor Rich Meiser; Church Staff; Lay Leadership (Lay Leader: Bo Browne; Sunday School Teachers; Bible

Studies); United Methodist Church Worldwide (VA Annual Conference, Bishop Sharma Lewis, Missionaries & Mission Sites, John Elmore (Chile Covenant Mission Project Director); Friends of Barnabas; CRU - Stephanie & Quin Strouse

**OUR NATION AND WORLD:** Military Troops & Families: Adam Balint, Chris Smith, Dr. Michael Johnston, Anthony Hickler, Cedric Dedeaux, Hunter Pietrowski, Adam Salsbury, Adam Waddell, Kent Brooks, Christy Whitten, Brian Mouton, Mike Spangenburg, Bryanna Grant, James Russell, III, Kristi Kilborn, Will Crow, Wesley Linder, Duncan Bevan; Children in Poverty; Police, Fire & Rescue Workers; CAPS (Coalition Against Poverty in Suffolk); Our Schools (Teachers & Administrators, Staff & Volunteers, Students & their families), Main Street Day Care & Preschool; Workplaces & Homes; The Marketplace; Missionaries; Domestic Violence victims

## STEWARDSHIP COMMITMENT SUNDAY [OCTOBER 28, 2018]

Sunday mornings in October we will be looking at how and why God calls us to give with a sermon series entitled "The Giving Seed." You may bring the commitment card below on the 28th and there will be commitment cards available in the Atrium on that day as well.



*Giving Back to God - Commitment for 2019*

My total commitment to God through Main Street United Methodist Church is  
\$ \_\_\_\_\_

I plan to contribute according to the following schedule:  
(Please fill in one of the blanks below)

\$ \_\_\_\_\_ weekly      \$ \_\_\_\_\_ monthly      \$ \_\_\_\_\_ yearly

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

# OCTOBER 2018 [CALENDAR OF EVENTS]

## MONDAY, OCTOBER 1

- 6:30 pm Council On Ministries
- 7:30 pm Church Council

## TUESDAY, OCTOBER 2

- 9:30 am UMW Leadership Meeting
- 7:00 pm Boy Scouts

## WEDNESDAY, OCTOBER 3

- 10:00 am Happy Hands Fellowship
- 6:00 pm Covenant Prayer Group
- 7:00 pm Men's Bible Study
- 7:00 pm Chancel Choir
- 8:00 pm AA

## THURSDAY, OCTOBER 4

- 6:00 am Crack of Dawn Bible Study
- 7:00 pm Connect Team Meeting

## FRIDAY, OCTOBER 5

- 4:30 pm Wedding Rehearsal

## SATURDAY, OCTOBER 6

- 4:30 pm Wedding
- 8:00 pm AA

## SUNDAY, OCTOBER 7

- 8:30 am Worship
- 9:45 am Sunday School
- 11:00 am Worship
- 4:00 pm A Bead and A Prayer Bible Study
- 6:00 pm CONNECT Worship Service

## TUESDAY, OCTOBER 9

- 10:00 am UMW Meeting
- 7:00 pm Boy Scouts

## WEDNESDAY, OCTOBER 10

- 10:00 am Happy Hands Fellowship
- 6:00 pm Covenant Prayer Group
- 7:00 pm Men's Bible Study
- 7:00 pm Chancel Choir
- 8:00 pm AA

## THURSDAY, OCTOBER 11

- 6:00 am Crack of Dawn Bible Study
- 7:00 pm Christian Women's Book Club
- 7:00 pm Girl Scout Service Unit

## SATURDAY, OCTOBER 13

### UMYF - BUSCH GARDENS

- 8:00 pm AA

## SUNDAY, OCTOBER 14

### NOISY OFFERING SUNDAY

- 8:30 am Worship
- 9:45 am Sunday School
- 11:00 am Worship
- 12 - 3 pm CAPS BBQ Fundraiser
- 4:00 pm Plarn Bedroll Workshop
- 6:00 pm CONNECT Worship Service

## MONDAY, OCTOBER 15

- 6:30 pm Girl Scouts

## TUESDAY, OCTOBER 16

- 7:00 pm Boy Scouts

## WEDNESDAY, OCTOBER 17

- 10:00 am Happy Hands Fellowship
- 6:00 pm Covenant Prayer Group
- 7:00 pm Men's Bible Study
- 7:00 pm Chancel Choir
- 7:00 pm Trustee Meeting
- 8:00 pm AA
- 6:00 am Crack of Dawn Bible Study

## THURSDAY, OCTOBER 18

- 6:00 am Crack of Dawn Bible Study

## SATURDAY, OCTOBER 20

- 10:00 am Rise Against Hunger
- 8:00 pm AA

## SUNDAY, OCTOBER 21

- 8:30 am Worship
- 9:45 am Sunday School
- 11:00 am Worship
- 4:30 pm UMYF

- 6:00 pm CONNECT Worship Service

## MONDAY, OCTOBER 22

- 5:15 pm Day Care Board Meeting

## TUESDAY, OCTOBER 23

- 7:00 pm Boy Scouts

## WEDNESDAY, OCTOBER 24

- 10:00 am Happy Hands Fellowship
- 6:00 pm Covenant Prayer Group
- 7:00 pm Men's Bible Study
- 7:00 pm Chancel Choir
- 8:00 pm AA

## THURSDAY, OCTOBER 25

- 6:00 am Crack of Dawn Bible Study

## FRIDAY, OCTOBER 26

- 4:00 pm Rose's Supper

## SATURDAY, OCTOBER 27

### UMYF - MAGNOLIA APPLE FEST

- 11:00 am Salvation Army - McLemore Class
- 8:00 pm AA

## SUNDAY, OCTOBER 28

### COMMITMENT SUNDAY

- 8:30 am Worship
- 9:45 am Sunday School
- 11:00 am Worship
- 4:30 pm UMYF
- 6:00 pm CONNECT Worship Service

## MONDAY, OCTOBER 29

- 7:00 pm Club Scout LPM

## TUESDAY, OCTOBER 30

- 7:00 pm Boy Scouts

## WEDNESDAY, OCTOBER 31

- 10:00 am Happy Hands Fellowship
- 6:00 pm Covenant Prayer Group
- 7:00 pm Men's Bible Study
- 7:00 pm Chancel Choir
- 8:00 pm AA

## TRIP TO THE HOLY LAND [SEPTEMBER 23 - OCTOBER 6, 2019]



Have you always wanted to go to the Holy Land? Gail Williams is planning a presentation for a trip to The Holy Land next year. She will be the group leader for the trip.

There will be a presentation by a representative from Globus Tour Groups on October 23, 2018 @ 7:00 PM at Main Street.

If you are interested in attending, please rsvp to Gail at her email address, gcwms@hotmail.com or call 757-630-3026.



# OCTOBER 2018 [BIRTHDAYS & ANNIVERSARIES]

## [BIRTHDAYS]

10/1 Audrey Beck  
10/1 Kevin Spain  
10/1 Scott Kilborn  
10/2 Emily Parks  
10/2 Elizabeth Helms  
10/2 Al Bremer  
10/3 Henry Simpson  
10/4 Phifer Powley  
10/4 Finley Jucksch  
10/5 Pat Suttle  
10/6 Melanie Bishop  
10/6 Nan Cullop  
10/6 Susan Towler  
10/7 Alice Horst  
10/8 Dixon Mills  
10/8 Dorothy Hill  
10/9 David Askew  
10/10 Judy Horton  
10/10 Liz Russell  
10/10 Andrew McCauley  
10/10 Elizabeth Totten  
10/11 Ryan Lambert  
10/11 Michele Clark  
10/13 JB Powell

10/14 Julie Irby  
10/14 Madie Baker  
10/14 Vernon Towler  
10/14 Emily Grass  
10/14 Lily Pearce  
10/16 Dale Bradshaw  
10/16 Charles O'Dea  
10/16 Campbell Hogg  
10/18 John Borthwick  
10/19 Bev Cox  
10/20 Spencer Hart  
10/20 Pat Freeman  
10/20 Joe Webb  
10/21 Jedd Askew  
10/21 Owen Gregory  
10/22 Katie Beale  
10/22 Jim Decker  
10/22 Ashley Carr  
10/23 Walter New  
10/24 Wendy Barnes  
10/24 Fletcher Beadles  
10/25 Benton Wentz  
10/25 Jake Redd  
10/25 Peter Holman  
10/26 Mike Beale  
10/26 Dutch Greene

10/26 Zachary Irby  
10/28 Emily Plumlee  
10/29 P.C. Austin  
10/29 Shirley Baldwin  
10/29 Sharyn Flintoff  
10/29 Rebecca Baker  
10/30 Roberta Powell  
10/31 Travis Williford  
10/31 Ryan Harrell  
10/31 Michaela Waddell

## [ANNIVERSARIES]

10/1 Everett & Julie Irby  
10/3 Justin & Sara Jane Caron  
10/8 Adam & Heather Joerger  
10/10 Terrence & Patricia Casto-Knight  
10/10 Vernon & Susan Towler  
10/10 Steve & Jennifer Webb  
10/15 Fleet & Brenda Garnett  
10/18 Tom & Carol Harry  
10/19 Jimmy & Kelly Holland  
10/20 David & Monica Lynn Eure  
10/22 Susannah & Brian Donahue  
10/24 Matt & Bellamy Zydron  
10/25 Ryan & Camille Harrell  
10/30 David & Jan Kincaid

## BIBLE STUDY CLASSES FOR ADULTS [SUNDAY MORNINGS @ 9:45 AM]

### BASIC BIBLE STUDY CLASS

*Led by John Shappell, classroom # 4*

This long standing permanent class focuses on specific books of the Bible or topics in a lively and fun discussion class. At present the book of Revelation is being studied. Bring a Bible or Bible app and a love of Jesus!

### BIBLE SURVEY CLASS

*Led by Irene Fisher, classroom #5*

How well do you know the story of Jesus and the Bible from the beginning? We offer you a chance to survey the entire Bible in a well organized study beginning October 7.

*Fast Track*, an adaptation of the bestselling *Disciple Bible Study: Becoming Disciples through Bible Study*, is ideal for busy people who want to fit a comprehensive Bible study into their schedule. Classes meet for a total of 24 weeks, studying the Old and New Testaments for 12 sessions each. Daily preparation is manageable, with only 3–5 chapters of the Bible to read each day.

### ROOTS OF OUR FAITH

*Led by Chuck Fisher, classroom #6*

Do you know how much of what you know about Jesus and the beginnings of the Church might not actually be so? Join other Main Street members

in learning about the Jewish roots of our Christian faith. Not only will it affect your faith, but maybe your faithfulness, as well. Study materials are provided and computers for home study may be helpful.

CRACK OF DAWN  
BIBLE STUDY  
[THURSDAY  
MORNINGS @ 6 AM]



Join Pastor Rich  
Thursday mornings at 6:00 am in the Fellowship Hall for a 6 week study (study began 9/27).

A wonderful way to start your day!  
Light breakfast and plenty of coffee.

## Church Staff & Contact Information

### Main Street United Methodist Church

202 N. Main Street, Suffolk, VA 23434

Office: 757.539.8751 | Fax: 757.539.7566  
www.mainstumc.org | mainstreet@mainstumc.org

#### PASTOR

Richard L. Meiser, Jr. | richmeiser@vaumc.org  
Cell: 434.294.1957 | Parsonage: 757.539.2612

#### DIRECTOR OF MUSIC / ORGANIST

Chris Ward | cbward114@aol.com

#### MODERN WORSHIP COORDINATOR

David Springstead | david.springstead1989@gmail.com

#### UMYF COORDINATOR

Mark Popik | mapopik@yahoo.com

#### DIRECTOR OF CONGREGATIONAL CARE

Barbara McPhail | barbara@mainstumc.org

#### CHILDREN'S RESOURCE COORDINATOR

Karen Waddell | karen.mainstumc@gmail.com

#### ADMINISTRATIVE ASSISTANT

Wendy Perry | wperry@mainstumc.org

#### CUSTODIAN

Herman Terrell



## The Main Street MESSENGER

OF MAIN STREET UNITED METHODIST CHURCH

### Main Street Day Care & Preschool

Office: 757.539.3431 | Fax: 757.539.7566  
www.mainstreetdaycare.org

#### DAY CARE/PRESCHOOL DIRECTOR

Janis Greene | jgreene@mainstumc.org



pick-up a plate of



to support the

Coalition Against Poverty in Suffolk

C A P S



\$12

**CAPTAIN BOB'S**  
Fried chicken, BBQ, coleslaw,  
hushpuppies, mac 'n cheese

SUNDAY

**OCT 14**  
**12:00-3:00**



To purchase tickets:

Contact Carol Harry  
@ 757-934-1238 or  
wirts63@gmail.com

Plate pick up at:

Westminster Reformed Presbyterian Church  
3488 Godwin Blvd Suffolk, VA 23434  
Questions? Contact Emily Arters 580-0664