SUMMER AT MAIN STREET

A Note From The Pastor



Dear Friends,

Colleen and I have been overwhelmed (in a good way) with your generous and gracious welcome. We are beyond excited to be your parsonage family, and we are enjoying the very beautiful and comfortable home as we continue to settle in. It has been an unbelievable last

few months as we packed up and moved from our home of 16 years. With the move we have found a new and exciting chapter of life. Colleen was at the YMCA for a yoga class and heard a quote that seems to be the theme for our lives this year: "The end of your comfort zone is when life begins." This can mean many things to a variety of people but when I heard it, it took on a theological meaning.

I know that Main Street UMC has been through some significant changes over the last several months: the death of the beloved Pastor Myrtle, an interim pastor, and now me. It is a lot to take in and work through. I'm sure you still grieve the loss of Pastor Myrtle. She was a kind and generous soul. Colleen and I say we still feel her love in the parsonage. With your grief still fresh and raw, your DS, Rob Colwell, came in and was with you in your time of grief. Pastor Ellen came in and did a great job preparing you for the newest challenge, me! I believe God loves change (moving

us past our comfort zone). It is in the midst of that change that God is the constant. We can be and should be more open to lessons of faith. It happens in our lives as individuals and it can happen in community. It is my prayer that we will learn new lessons of faith together.

In the few weeks I've been here. I see a church that loves to "do" worship very well, be in ministry to the community through many local mission efforts, care for the faithful among us (young and young at heart), and pray and study God's word. With all that said, I still know there are ways for us to grow and move beyond our "comfort zone." In our moving forward I will make mistakes, I ask your forgiveness in advance. I will make sure that I keep my heart open to forgiveness as well. As we move to an exciting new future let us pray that God will move us in ways that we see and experience a "new life."

Grace and peace,

Pastor Rich

SERMON SERIES [LIVIN' ON A PRAYER] AUGUST 5 - SEPTEMBER 9

Based on the Max Lucado book | Before Amen: The Power of A Simple Prayer

Series Scripture Matthew 6:5-13

Want to dig deeper? Feel free to order the book on Amazon and follow along as Pastor Rich leads us into a more in depth focus on prayer and the presence of God during August and September. See page 2 for more information.

[AUG. 5] "Lord Teach Us to Pray" Luke 11:1-4

[AUG 12] "Father, You Are Good" Genesis 1:1-5, 26-27

[AUG. 19] "I Need Help"
Philippians 4:6-7, John 2:1-11

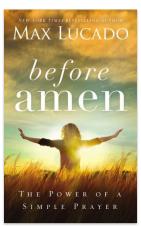
[AUG. 26] "They Need Help"

James 5:13-16, Luke 11:5-13

[SEPT. 2] "Thank You"
Thessalonians 5:12-18,
Matthew 8:5-13

[SEPT. 9] "In Jesus Name, Amen" Acts 3:11-16, Matthew 28:16-20

PLANNING FOR GENEROSITY [JULY, AUGUST, SEPTEMBER] COMMITMENT EMPHASIS [PRAYERS AND PRESENCE]



"We all pray some. We pray to stay sober, centered, or solvent. When the lump is deemed malignant. When the money runs out before the month does. When the

marriage is falling apart. We pray. But wouldn't we like to pray more? Better? Stronger? With more fire, faith, and fervency? Yet we have kids to feed, bills to pay, deadlines to meet. The calendar pounces on our good intentions like a tiger on a rabbit. And what about our checkered history with prayer? Uncertain words. Unmet expectations. Unanswered requests. We aren't the first to struggle with prayer. The first followers of Jesus needed prayer guidance too. In fact, prayer is the only tutorial they ever requested. And Jesus gave them a prayer. Not a lecture on prayer. Not the doctrine of prayer. He

gave them a quotable, repeatable, portable prayer. Couldn't we use the same? In <u>Before Amen</u> best-selling author Max Lucado joins readers on a journey to the very heart of biblical prayer, offering hope for doubts and confidence even for prayer wimps. Distilling prayers in the Bible down to one pocket-sized prayer, Max reminds readers that prayer is not a privilege for the pious nor the art of a chosen few. Prayer is simply a heartfelt conversation between God and his child. Let the conversation begin."

Philippians 4: 6-7

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

(New King James Version - NKJV)

The scripture above is the focus for this quarter's Stewardship emphasis on PRAYERS and PRESENCE.

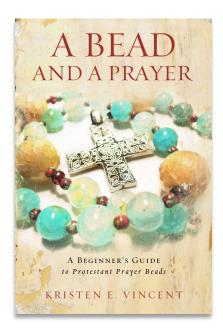
The word "presence" has two meanings for us....

First, to be "present" at church indicates that our physical bodies are in the building. But this is not always possible, especially during the summer months. Could we be "present" in other ways?

Second, we all need more of the "presence of God" in our lives. Easier said than done, right? Prayer will help accomplish this, or so we are told. But what if I am not so good at praying? Or what if I feel like my prayers don't matter and are rarely, if ever, answered? What's the point?

DURING AUGUST and SEPTEMBER, Pastor Rich and the Stewardship and Christian Ed. Committees will continue to lead us on a journey to help us become more generous givers and receivers through prayers and presence...inviting God to reframe the way we face our anxious minds and win the war on worry. Through God's power (not ours!), we will "be anxious for nothing" and experience more of the "peace of God." Ah, yes!

COMING IN AUGUST & SEPTEMBER [MORE ON PRAYER]



Registration is open for Prayer Bead Workshop & Study

PRAYER BEADS WORKSHOP [SUNDAY, SEPTEMBER 9 | 4 PM]

- ⇒ Bead making for **6th graders thru adults** facilitated by Gail Fisher along with Nancy Webb. (Bead Kit: \$5.00)
- ⇒ Bead making for **children in Kindergarten thru 5th grade** led by Karen Waddell. Children's bead making is free! Nursery available for preschool and younger!

PRAYER BEADS STUDY [SUNDAYS, SEPTEMBER 16, 23, 30 & OCTOBER 7 | 4 PM]

⇒ A Bead and a Prayer: A Beginner's Guide to Protestant Prayer Beads by Kristen Vincent. (Cost of book \$10). Facilitated by Nancy Webb. A Bead and a Prayer introduces Protestant prayer beads as a tool for staying more focused and connected with God as we pray. Open to 6th graders thru adults.

DEADLINE TO REGISTER AND PAY FEES [MONDAY, AUGUST 20]

⇒ Registration forms are available on the Stewardship Table in the Atrium or contact Chris Ward to sign up! 757-334-1049 or cbward114@aol.com.



 $Rise\ Against\ Hunger$, formerly **Stop Hunger Now**, is driven by the vision of a world without hunger.

Our mission is to end hunger in our lifetime by providing food and life-changing aid to the world's most vulnerable and by creating a global commitment to mobilize the critical resources. We are committed to the United Nations Sustainable Development Goal of ending hunger by 2030.

We will host a food packaging event on October 20, 2018. Our goal is to raise \$4,000 which will enable us to package approximately 13,608 meals! Currently, the United Methodist Men have raised \$1,225.03. You can make a donation now and we will need lots of volunteers for this fun event.



Outdoor Connect Service August 12

Join us for the Outdoor Connect Service Sunday, August 12 at 6:00 pm

"BRING A CHAIR" We will set up the service in the grassy knoll. We are meeting outside so we can really pump up the volume and hopefully inspire passersby to join us.

Icy, cold Popsicle will be the snack of choice for the outdoor services.

Experience worship in a whole new way.

Lemonade & Cookies to Benefit ForKids

[Saturday, August 11 from 10 am to 1 pm @ 919 West Riverview Drive, Suffolk, VA]



Parker's Mission Story

Parker Duke, 12, has been running the Parker Duke Lemonade Stand since he was 6, when he realized not every kid has the opportunity to sleep in a bed and wake up in their own home.

He has raised \$10,683 and now Parker has made a five-year commitment to raise an additional \$5,000 specifically for the new ForKids facility in Suffolk. The Mary Morton Parsons Foundation has also agreed to match the gift. in support of ForKids' new Suffolk facility on West Constance Road, which is expected to open next month.

Men's Bible Study [Wednesday Evenings @ 7 pm]

Men! Did you know we are offering a men's Bible Study on Wednesday evenings at 7:00 pm? We are going through the Bible and are currently studying the book of Genesis. Please join us in classroom #4 (downstairs). Come when you can and enjoy the discussion, conversation and fellowship. The class will begin a study of Exodus on September 19.

BACK TO CHURCH SUNDAY

[SEPTEMBER 16 - ONE SERVICE 10:30 AM]



Main Street United Methodist joins thousands of churches participating in National Back to Church Sunday on September 16!

Mark your calendars - one service at 10:30 am with lunch to follow!

We have a Back to Church committee if you would like to help with this event please contact Barbara McPhail

at barbara@mainstumc.org or 757.539.8451.

Activities include blessing of the backpacks, third graders will receive their Bibles, extra fun for children.

The challenge - Invite someone and come back to church. Help them find "A Place to Belong" in today's

culture of people wanting to be a part of authentic community. The message is that peoples' stories matter, and they can find a place to fit in and make a difference right in their own local church.

More details will follow in the September edition of *The Main Street Messenger*.

Small group gatherings

The Transition Team that has been responsible for welcoming Pastor Rich and Colleen are pleased to sponsor small group gatherings in your homes in order for us to become better acquainted with Pastor Rich and Colleen. We have organized groups according to neighborhoods or regions. Most of these gatherings will take place on a Tuesday evening. They are meant to be informal and fun. Light refreshments may be served and we know that Pastor Rich loves pie!

If you would like to host one of these gatherings please contact Barbara at 757.539.8751 or email her at barbara@mainstumc.org.

FOOD COLLECTIONS CONTINUE!

Let's not forget our commitment to collect food for the Suffolk Christian Fellowship and ForKids. Your donations to these groups is greatly needed and appreciated.



PRAYER LIST UPDATE

RECENT PRAYER: 07/29 Corey
Mathis, Matt Hamrick, Caroline
Simmons, Sean Alan Jackson, Marie
Kennedy, Phyllis Pruden, Janie
Comstock, Brenda Luster, The Lee
family, Otto Wegman, Sue Birdsong,
Trenton Bishop, Cameron Grant

ONGOING: Willis "Corky" Davis,
Carrie Hill, Steve Clark, Bob Walton,
Sylvia Funkhouser, Bob Catlett, John
and Kate Reilly, Heather Lawrence,
Leila Tompert, Gloria & Beverly
Bredemeyer, Ferebee Bowman,
Michael McPherson and Family,
Shellee Stevens, Lee Bowman, Lauren
Johnson, Lucas Lawrence, Janet
Wunderlich, Mary Wirts, Joseph
Medeiros

SYMPATHY: Family of Mary Wirts (Mother of Carol Harry)

CANCER: Janis Greene, Betty Sowell, Kate Rhoads, Brenda Atkins, Ralph Knapp, Nick Cleary, Wilma Babich, Juel Carr, Ed Barber, Pam Askew, Linda Argust, Ray Holland, Midge Sanchez, Judy Duonela Vicars, Johnny Hardy, Thomas Burnett, Todd Walton, James Blair, Cheri Lane, Phil Beck, Margaret Heuberger, Al Bremer, Sally Gum Palmer, Diane Liles, Majdah Schiavi, Linda Harper, Faye Askew, Yvonne Lovingood, Carolyn Barnes, Tami Wyse, Melaine Mederios, Lois Barker, Judene Hartless, Russell Wilson, Joan Byrd, Connie Brooks, Angela Seed, Audrey Kent, Lisa Copeland, Dave O'Neill, David Holloway, Judy Calfee, Ed Murphy, David Hollowell, Craig Holland, Jean Brinkley, Christine Duran, Rod Medeiros, Melaine Medeiros, Pat Wegman, Carol Coleman, Mary Lou Hedgepeth, Judy Holland, Julie Hilland

SKILLED CARE: Bill Gallant, Bill Cloe

HOMEBOUND: Melanie French, Jean Sutphin

ASSISTED LIVING: Colette Ballard, Boo Ballard, Susan Rivenbark

ALWAYS REMEMBER TO INCLUDE IN YOUR PRAYERS: Main Street United Methodist Church; Our sister churches on the James River District; Pastor Rich Meiser; Church Staff; Lay

Leadership (Lay Leader: Bo Browne; Sunday School Teachers; Bible Studies); United Methodist Church Worldwide (VA Annual Conference, Bishop Sharma Lewis, Missionaries & Mission Sites, John Elmore (Chile Covenant Mission Project Director); Friends of Barnabas; CRU - Stephanie & Quin Strouse

OUR NATION AND WORLD: Military Troops & Families: Adam Balint, Chris Smith, Anthony Hickler, Cedric Dedeaux, Hunter Pietrowski, Adam Salsbury, Adam Waddell, Kent Brooks, Christy Whitten, Brian Mouton, Mike Spangenburg, Bryanna Grant, James Russell, III, Kristi Kilborn, Will Crow, Wesley Linder, Duncan Bevan; Children in Poverty; Police, Fire & Rescue Workers; CAPS (Coalition Against Poverty in Suffolk); Our Schools (Teachers & Administrators, Staff & Volunteers, Students & their families), Main Street Day Care & Preschool; Workplaces & Homes; The Marketplace; Missionaries; Domestic Violence victims

MUSIKGARTEN CLASSES [SEPTEMBER - DECEMBER 2018]



MSIKGARTEN

4 week summer sessions during July and August

MUSIKGARTEN 15 WEEK FALL SESSIONS

FAMILY MUSIC FOR BABIES

newborn to 16 months

MONDAYS, SEPT 10 - DEC 17 | 9:30 - 10:00 AM

COST \$160.00 tuition + \$40 materials

FAMILY MUSIC FOR MIXED AGES mixed ages, 18 months to 5 years
TUESDAYS, SEPT - DEC 11 | 9:30 - 10:00 AM

COST \$160.00 tuition + \$35 materials

To register for classes please visit the Musikgarten website at www.musikgartenatcsl.org. For more information please contact certified/licensed teacher, Marj Setnicky, at 757.582.3978 or marjsetnicky560@gmail.com.

AUGUST 2018 [CALENDAR OF EVENTS]

WEDNESDAY, AUGUST 1

10:00 am Happy Hands Fellowship

6:00 pm Covenant Prayer Group

7:00 pm Men's Bible Study

8:00 pm AA

THURSDAY, AUGUST 2

7:00 pm Connect Team Meeting

FRIDAY, AUGUST 3

1:00 pm Church Office Closes

6:00 pm Cub Scout Lock-In

SATURDAY, AUGUST 4

8:00 pm AA

SUNDAY, AUGUST 5

8:30 am Worship

9:45 am Sunday School

11:00 am Worship

6:00 pm CONNECT - Worship

Service

MONDAY, AUGUST 6

9:30 am Musikgarten

7:30 pm Church Council

TUESDAY, AUGUST 7

7:00 pm Boy Scouts

WEDNESDAY, AUGUST 8

10:00 am Happy Hands Fellowship

6:00 pm Covenant Prayer Group

7:00 pm Men's Bible Study

8:00 pm AA

FRIDAY, AUGUST 10

1:00 pm Church Office Closes

SATURDAY, AUGUST 11

12:00 pm Baby Shower

8:00 pm AA

SUNDAY, AUGUST 12

8:30 am Worship

9:45 am Sunday School

11:00 am Worship

6:00 pm CONNECT - Worship

Service - Outdoor Service

MONDAY, AUGUST 13

9:30 am Musikgarten

TUESDAY, AUGUST 14

7:00 pm Boy Scouts

WEDNESDAY, AUGUST 15

10:00 am Happy Hands Fellowship

6:00 pm Covenant Prayer Group

7:00 pm Men's Bible Study

8:00 pm AA

THURSDAY, AUGUST 16

7:00 pm Connect Team Meeting

FRIDAY, AUGUST 17

1:00 pm Church Office Closes

SATURDAY, AUGUST 18

2:00 pm Birthday Party

8:00 pm AA

SUNDAY, AUGUST 19

8:30 am Worship

9:45 am Sunday School

11:00 am Worship

12:30 pm **Council On Ministries**

Retreat - Lunch Provided

6:00 pm CONNECT - Worship

Service

TUESDAY, AUGUST 21

7:00 pm Boy Scouts

WEDNESDAY, AUGUST 22

10:00 am Happy Hands Fellowship

6:00 pm Covenant Prayer Group

7:00 pm Men's Bible Study

8:00 pm AA

FRIDAY, AUGUST 24

1:00 pm Church Office Closes

4:00 pm Rose's Supper

SATURDAY, AUGUST 25

11:00 am Salvation Army Kitchen

8:00 pm AA

SUNDAY, AUGUST 26

8:30 am Worship

9:45 am Sunday School

11:00 am Worship

6:00 pm CONNECT - Worship

Service

MONDAY, AUGUST 27

5:15 pm Day Care Board Meeting

7:00 pm Cub Scout LPM

TUESDAY, AUGUST 28

5:00 pm Day Care Pre K Orientation

7:00 pm Boy Scouts

WEDNESDAY, AUGUST 29

10:00 am Happy Hands Fellowship

6:00 pm Covenant Prayer Group

7:00 pm Men's Bible Study

8:00 pm AA

THURSDAY, AUGUST 30

Day Care Closed | Teacher Workday

FRIDAY, AUGUST 31

Day Care Closed | Teacher Workday

1:00 pm Church Office Closes

COUNCIL ON MINISTRIES RETREAT

PURPOSE: COMMITTEES WILL PLAN

AND COORDINATE MINISTRIES FOR SEPTEMBER - DECEMBER 2018 BY

- ⇒ Setting goals and activities
- ⇒ Coordinating committee activities with already scheduled events

ALL committee members and chairmen should attend. LUNCH PROVIDED.



AUGUST 2018 [BIRTHDAYS & ANNIVERSARIES]

| _ | | | | | | | |
|---|-------------|-------------------------|------|----------------------------|-------|---|--|
| | TBIR | RTHDAYS] | 8/14 | Keith Johnston | 8/30 | Megan Hindman | |
| | | | 8/16 | Meredith Russell | 8/31 | Everett Irby | |
| | 8/1 | Paris Scott | 8/16 | Camille Harrell | 8/31 | Elliott Haverty | |
| | 8/1 | Clay Hardee | 8/16 | Ashley Littleton | 8/31 | Justin Verdirame | |
| | 8/3 | Rhett Irby | 8/17 | Gwyneth Zanter | | | |
| | 8/3 | Caroline Barnes | 8/17 | Ava Giacometti | [AN | INIVERSARIES] | |
| | 8/4 | Joanne Wunderlich | 8/18 | Michael Cutchin | _ | _ | |
| | 8/5 | Kim Butler | 8/19 | Whitney Saunders | 8/1 | Eric & Angela Venable | |
| | 8/6 | Laura Austin | 8/19 | Kinley Michael | 8/4 | Kirk & Lynn Barrett | |
| | 8/6 | Emily Argust | 8/20 | Morgan Garcia | 8/6 | Mac & Amy Birdsong | |
| | 8/7 | Angus Hines | 8/20 | Anne-Perry Harrell | 8/7 | Bruce & Kathy Salsbury | |
| | 8/7 | William Lawrence | 8/21 | Anne Cabell Pearce | 8/10 | Dutch & Ann Greene | |
| | 8/7 | Corey Russell | 8/22 | Jackie Williams | 8/12 | Jeffrey & Patricia Forman | |
| | 8/9 | Marsha Rooks | 8/23 | Harold Barrett | 8/12 | Charles & Carol Lynn Shotton | |
| | 8/9 | Julius Henschel | 8/23 | Adelynn Zydron | 8/14 | Mac & Sandra Birdsong | |
| | 8/9 | Martin Henschel | 8/25 | Janet Lambert | 8/15 | Jeffrey & Toni Gardy | |
| | 8/10 | Jane Stancill | 8/25 | Susan Pruden | 8/15 | Dillard & Judy Horton | |
| | 8/10 | Robbie Stevens | 8/25 | Tyler Carlile | 8/15 | Bob & Susan Parks | |
| | 8/11 | Toni Gardy | 8/25 | Danny Farley | 8/18 | Randy & Robbin Hicks | |
| | 8/11 | Linda New | 8/26 | Sarah Catherine Giacometti | 8/23 | Bev & Brenda Cox | |
| | 8/11 | Cassie King | 8/27 | Karen Gunter | 8/24 | John & Susan Pruden | |
| | 8/11 | Sara Henry | 8/27 | Anne Jackson | 8/25 | Whitney & Ellen Saunders | |
| | 8/11 | George Huber | 8/27 | Demi Naylor | 8/26 | Warren & Penny Birdsong | |
| | 8/12 | Gail Williams | 8/27 | Herbert Horst | 8/29 | Corey & Margaret Russell | |
| | 8/14 | Jacob Branchaud | 8/29 | Jack Eure | Speci | cial birthday wishes to the members of the 90+ Club! rold Barrett, Angus Hines, d Herbert Horst! | |
| | 8/14 | Steve Gunter | 8/29 | Kristin Irwin | | | |
| | 8/14 | Donna Rogers | 8/29 | Sylvia Talley | | | |
| | 8/14 | Emmette Claire Bartlett | 8/29 | Miller Cary | | | |
| | 8/14 | Tom Taliaferro | 8/30 | Will Crenshaw | and I | | |
| | | | | | | | |



To our dear friends at Main Street United Methodist Church,

Words cannot begin to express Mary Alice's and my deep appreciation for your generous financial gift collected for Christian's children, Eli and Ember. We are also grateful for the candle that has stood next to Myrtle's on the altar all these months. These acts of love bless our hearts and are wonderful witnesses of God's presence through your church family. We shall never forget you, and we hope to visit again soon.

Thank you,
Rob and Mary Alice Colwell

Church Staff & Contact Information

Main Street United Methodist Church

202 N. Main Street, Suffolk, VA 23434

Office: 757.539.8751 | Fax: 757.539.7566

www.mainstumc.org | mainstreet@mainstumc.org

PASTOR

Richard L. Meiser, Jr. | richmeiser@vaumc.org Cell: 434.294.1957 | Parsonage: 757.539.2612

DIRECTOR OF MUSIC / ORGANIST

Chris Ward | cbward114@aol.com

MODERN WORSHIP COORDINATOR

David Springstead | david.springstead1989@gmail.com

UMYF COORDINATOR

Mark Popik | mapopik@yahoo.com

DIRECTOR OF CONGREGATIONAL CARE

Barbara McPhail | barbara@mainstumc.org

CHILDREN'S RESOURCE COORDINATOR

Karen Waddell | karen.mainstumc@gmail.com

ADMINISTRATIVE ASSISTANT

Wendy Perry | wperry@mainstumc.org

CUSTODIAN

Herman Terrell

Main Street Day Care & Preschool

Office: 757.539.3431 | Fax: 757.539.7566

www.mainstreetdaycare.org

DAY CARE/PRESCHOOL DIRECTOR

Janis Greene | jgreene@mainstumc.org





